



# Irvington High School and Middle School Menu



## Daily Offerings

### Available every day!

All Lunches Must Include Choice of:  
Fruits and/or Vegetable  
And May Include:  
Choice of Fat Free or 1% Low-Fat Milk with no rBST  
or artificial hormones

All food is free from hydrogenated oils, high fructose corn syrup, preservatives, and artificial dyes. Grains served are whole grain per National School Lunch guidelines.

If you have any Question/Concerns  
Special Dietary Needs Please email  
[gloria.estrada@irvingtonschools.org](mailto:gloria.estrada@irvingtonschools.org)

- \* **ACTION STATION**- Lo Mein Noodles Sautéed Fresh & Hot! Add vegetables of choice and diced chicken.
- \* **Grab n Go STATION**- Burgers & Chicken Sandwiches on a Bun
- \* **SMOOTHIE STATION**- Yogurt blended with fruit and granola
- \* **ACAI BAR**- Acai berry with choice of various toppings
- \* **DELI STATION** - Made to Order Sandwiches with Boars Head products. Panini press option for a hot variation.
- \* **DAILY VEGETABLES** -Carrot Sticks and Celery Sticks offered daily
- \* **GOURMET PIZZA STATION**-Specialty Pizzas Daily along with Cheese, Pepperoni (P) and Turkey, Salami (P) and Mozzarella Cheese Stromboli
- \* **WEDNESDAY BBQ** Beef Burger, Hot Dog, Veggie Burger w/Toppings
- \* **SALADS** – Grilled chicken Caesar salad
- \* Apple, Oranges, Watermelon, Cantaloupe, and Banana

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# Irvington High School and Middle School Menu



## Breakfast Menu

**Available every day!**

- \***Made to Order Omelet Station**- Toppings diced tomatoes, Onions, Peppers, Chicken Sausage, Mozzarella or Cheddar Cheese
- \***Bacon, Egg & Cheese Sandwich**- On wheat roll
- \***Meatless Egg & Cheese Sandwich**- On Sliced Wheat Bread
- \***Wheat French Toast Sticks** – Served with 100% Maple Syrup
- \***Wheat Pancakes** – Served with 100% Maple Syrup
- \***Yogurt Parfait** – Greek Vanilla Yogurt, Fresh blueberries & Granola
- \***Bagel Meal** – Bagel, 2 Cheese Sticks and Fruit
- \***Daily Vegetables**– Hash Brown/Tater Tots offered daily
- \***Available Daily** – Orange, Apple and Banana

Coffee Station available for High School Students in both Atrium and Cafeteria locations  
Iced Coffee Available!

Menus are subject to change. Items with a (P) contain pork. Bread or breaded items contain milk or soy.



All Breakfast **Must** Include Choice of:  
One Grain, Fruit  
And May Include:

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# May 2025

## IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

May 1-2

### MONDAY

### TUESDAY

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identify items.

[Student Lunch Meal \\$4.25](#)

[Adult Lunch](#)

[\\$5.50 \(Includes tax\)](#)

### WEDNESDAY

### THURSDAY

Pork Cubano Sandwich(P) \*

Baked Sweet Potatoes  
Orange

### FRIDAY

Beef Nachos\*  
Served with Cheddar  
Cheese and Sour Cream

Spinach Salad  
Watermelon

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Choice of Fat Free or 1% Low-Fat  
Milk with no rBST or artificial  
hormones

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# May 2025

## IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

May 5-9

### MONDAY

**Meatless Monday  
Cheese Quesadilla\***

**Broccoli  
Cantaloupe**

### TUESDAY

**Chicken Tacos**

**Steamed Cauliflower  
Banana**

### WEDNESDAY

**Chicken Penne Alfredo\*  
Garlic Toast**

**Spinach Salad  
Sliced Apple**

### THURSDAY

**Nachos(Beef)\*  
Served with Cheddar Cheese,  
Sour Cream and Salsa**

**Kidney Beans  
Strawberries**

### FRIDAY

**Grilled Cheese\***

**Side Salad  
Rainbow Vegetables  
Banana**

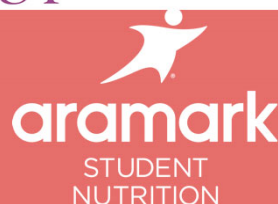
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# May 2025

## IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

May 12-16

### MONDAY

**Meatless Monday**  
**Fish Tacos**  
**Cilantro Rice**

**Mexican Street Corn**  
**Orange**

### TUESDAY

**Cubano Sandwich**

**Baked Tater Tots**  
**Spinach Salad**  
**Pear**

### WEDNESDAY

**Chicken Alfredo Pasta\***  
**Texas Garlic Bread**

**Roasted Broccoli**  
**Honeydew**

### THURSDAY

**Cheese Ravioli \***

**Baked Butternut Squash**  
**Banana**

### FRIDAY

**Mac and Cheese\***

**Roasted Zucchini**  
**Cherry Tomatoes**  
**Sliced Apple**

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# May 2025

## IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

May 19-23

### MONDAY

**Chicken Parm\***  
**Spaghetti**

**Baked Sweet Potato**  
**Apple**

### TUESDAY

**Turkey Taco\***  
**With Sour Cream & Salsa**

**Cherry Tomato**  
**Spinach Salad**  
**Banana**

### WEDNESDAY

**Meatballs\***  
**Penne Pasta**

**Spinach Salad**  
**Grapes**

### THURSDAY

**Turkey Nachos\***  
**Served with Sour Cream, Salsa**  
**and Cheddar Cheese**

**Baked Sweet Potato**  
**Grapes**

### FRIDAY

**School Closed**

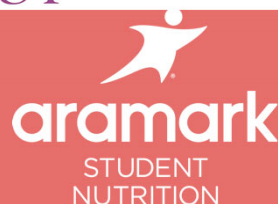
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# May 2025

## IRVINGTON HIGH/MIDDLE SCHOOL WEEKLY LUNCH MENU

May 26-30

### MONDAY

School Closed

### TUESDAY

Grilled Cheese

Cherry Tomato  
Spinach Salad  
Banana

### WEDNESDAY

Turkey Nachos\*  
Served with Sour Cream, Salsa  
and Cheddar Cheese

Baked Sweet Potato  
Grapes

### THURSDAY

Cheese Ravioli\*  
Garlic Bread

Roasted Broccoli  
Blueberries

### FRIDAY

Chicken or Beef Tacos

Roasted Corn  
Strawberries

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